

TIP OF THE

March 18, 2005

SWORD

Incirlik Air Base, Turkey

Remembering the lost



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On the cover:

Tech. Sgt. Cheryl Moye, 728th Air Mobility Squadron commander's support staff, lays a rose at the base of a memorial for the people killed in a C-130 crash 25 years ago. During the ceremony one rose for each of the 18 people killed in the crash was put on the memorial. See related article, Page 4. (Photo by Tech. Sgt. Sean McGowan)

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COMMANDER'S COMMENTS



By Col. Michael Gardiner,
39th Air Base Wing commander

Surety Inspection

I am proud of everyone from our youngest airman to our civilian contractors for the earning a satisfactory rating during the recent Surety Inspection. In many cases earning a satisfactory here presented us the challenges Incirlik faces with the high turnover rate of a short tour with people rotating in and out constantly. It also presents a unique challenge to our Security Forces Squadron with so many first term airmen being assigned here, they stood up to the challenges with the direction from their leadership and guidance from their front-line supervisors. The level and effort of performance everyone demonstrated is a great achievement coming from our previous rating of unsatisfactory in 1999. This was a true display our capability to work together as unit.

Promotion announcement

Congratulations to the following master sergeants recently selected for promotion to senior master sergeant: **Virgil Burden**, 39th Security Forces Squadron; **Cynthia Clarke**, 39th Communications Squadron; **Ernest Fasoldt Jr.**, 39th Services Squadron; **Edward Freitas Jr.**, 39th CS; **Shelina Frey**, Operations Squadron; **Terry Gray**, 39th Civil Engineer Squadron; **Julie Layton**, 39th CS; **Scott Leach**, 39th SFS; **Lola McLeod**, 39th Medical Squadron; **Jeffrey Martin**, 39th Contracting Squadron; **Kenneth Moore**, 728th Air Mobility Squadron; **Keith Raggette**, Combined Air Operations Center Six; **William Stephenson**, 39th Mission Support Squadron; **John Tway**, American Forces Network-Incirlik; **Todd Weidensaul**, 39th SFS; **Jimmie Wilks**, 39th Logistics Readiness Squadron

Award winners

The 39th Air Base Wing Public Affairs Office garnered the 2004 U.S Air Forces in Europe Director's Excellence Award for Best

Small Wing. Director's Excellence awards are presented annually to organizations judged to have the best overall public affairs programs in support of the Air Force mission.

The 39th ABW Public Affairs Office also won one individual PA Excellence award, Outstanding PA NCO for wing and below (**Staff Sgt. Shanda De Anda**) and one PA Support award, Ceferina T. Yepez Award, Outstanding Host Nation Employee (**Mehmet Birbiri**)

The winners will now compete at Air Force level.

Pay and entitlements

The House and Senate passed the Fiscal 2005 National Defense Authorization Act. Several major additions and changes were approved for military pay and compensation. Some highlights include:

- ♦ Basic allowance for subsistence rate increased by 4.1 percent; enlisted rate is \$267.18 and officer rate is \$183.99 per month
- ♦ Makes permanent the increased rate for hostile fire and imminent danger pay from \$150 to \$225 per month
- ♦ Makes permanent the increased family separation allowance rate from \$100 to \$250
- ♦ Increases death gratuity payments on a yearly basis consistent with increases of basic pay rates

Project Connect

Mentoring is a major part of any military career, most senior officers or NCOs have stories about that one person who took them under wing and showed them the ropes or even just helped them through a rough patch in their career. Project Connect is designed to provide a forum for senior officer mentors to counsel and enhance the individual professional development of junior officer protégés on a one-on-one basis.

Force Protection

It is time to review our force protection checklists. This week Incirlik passed two years of being in constant Force Protection Condition Charlie. No other U.S. Air Forces in Europe base has ever been in the same situation. We can never become complacent in executing our force protection measures. Look at each action and make sure your unit is in compliance. Stay vigilant, stay alert, report suspicious activity and remember ... your life depends on it.

Silent career killers

Restriction, reprisal affect AF mission

By Lt. Col. Oveta White
Incirlik Inspector General

Commanders, first sergeants and supervisors must be aware of two arenas of the inspector general: reprisal and restriction.

Within the Air Force Complaints Resolution Directorate they are fondly referred to as "R&R." And often thought of as having the same symptoms of high blood pressure, R&R can be silent killers if commanders and first sergeants fail to maintain awareness. Let me describe what they are and how to avoid them.

Restriction

Under federal law, no one may prohibit or restrict a member of the armed forces in communicating with a member of Congress or an IG (this includes an IG investigative staff)

Department of Defense Instruction 7050.6 expands the list to include members of DoD audit, inspection, investigation teams and law enforcement.

Air Force Instruction 90-301 further expands this to include the Military Equal Opportunity office, Family Advocacy and designated commanders, those with Uniform Code of Military Justice authority.

Examples of restriction include, but are not be limited to: threatening an individual to prevent them from going to the commander or telling someone you will drop the letter of reprimand being processed against them if they withdraw their IG complaint

The communication must be lawful. A "lawful communication" occurs when the member reasonably believes that he or she has evidence of a violation of laws or regulations, including laws or regulations prohibiting sexual harassment or unlawful discrimination, gross mismanagement, gross waste of funds, abuse of authority, or a substantial and specific danger to public health or safety.

With that said the IG office, highly

encourages commanders and their staff or personnel who supervise to encourage their people to use the chain of command. Nothing more needs to be said! Never say, "If you have a problem or an issue, you must use your immediate chain of command before you go to outside agencies such as the IG." Why? Because you open yourself and your organization to potential allegations of restriction.

Reprisal

Under 1034(b), no person may take or threaten to take an unfavorable personnel action, or withhold or threaten to withhold a favorable personnel action as reprisal against a member of the armed forces for making or preparing to make a protected disclosure to:

- ♦ A member of Congress
- ♦ An IG(including an IG investigative staff)
- ♦ A member of a DoD audit, inspection, or law enforcement organization
- ♦ Or any person or organization designated to receive such communications. This includes MEO, Family Advocacy and other personnel designated pursuant to component regulations or other established administrative procedures, and commanders in the member's chain of command

Reprisal affects mission accomplishment. To prevent this, you must foster an environment that gives members of your organization confidence in registering a complaint. This provides the added value of their concerns being addressed even if it involves an outside agency. When you demonstrate your chain of command and other agencies are available, you create an environment indicative of Air Force values.

Commander's calls are an ideal setting to have our office address reprisal and restrictions. This is one way to reduce or eliminate allegations of R&R – and the IG complaints or congressional inquiries that may result.

YOUR TURN

National Women's History Month recognizes the achievements of women.

Who are some of the women who have made a difference in your life?

"My wife. She encourages me to put forth 100 percent and be all I can be."



– Senior Airman Robert White, 39th Maintenance Squadron

"My mom. She's adopted six kids and had three of her own. She has a lot of love to give."



– Senior Airman Angela Strotz, 39th Comptroller Squadron

"My grandma. She's the one who raised me and taught me everything I know."



– Airman 1st Class Michael Anzaldúa, 39th Maintenance Squadron

"Hillary Clinton because there are not a lot of women in politics and she's educated."



– Senior Airman Laura Lofton, 39th Comptroller Squadron

"My mom. She's the one who raised me and taught me the values of life."



– William Woods, Aeronautical Radio Incorporated

To submit a question for "Your Turn," call 6-6060 or e-mail tip.sword@incirlik.af.mil



Customs and Courtesy

During the playing of the National Anthem civilians should place their right hand over their heart, men should remove any heargear worn, and stand quietly until the song is completed.



Incirlik remembers 25-year old fatal crash

By 1st Lt. S.J.B. Bryant

39th Air Base Squadron Public Affairs

Team Incirlik members joined two 773rd Airlift Squadron members Monday at the 728th Air Mobility Squadron building for a ceremony paying respect to those who died in a C-130 accident, 25 years ago.

Approximately 100 people attended the memorial for the passengers of "OLD 215" who died when it crashed 14 miles outside of Adana in the village of Kuyumcular during bad weather.

Some metal shards, pieces of fabric, bits of plastic and rubber are all that remain of the flight that killed 18 crew and passengers, two who were teenage family members and one who was a non-military spouse. These remnants were on display in a box, along with the official scrapbook of the squadron and a folded flag, during the ceremony.

"It was raining hard and there was a thunderstorm," said Abdurrahman Afi, a villager who witnessed the crash and told a local paper of the event. "I heard the noise of the plane and looked up ... [it] then immediately exploded and fell in pieces."

The that plane was carrying not only crew members but family members and members of a newly formed band that had tagged along with the supply plane to begin a 10-day tour of the area to perform for troops. The plane first flew to Diyarbakir, then provided supplies to Ezurum. Its third destination, Sinop, was aborted due to bad weather so the group returned to Incirlik. This was a peaceful mission meant to provide supplies and morale-boosting entertainment. But around 3 p.m. that afternoon, the mission turned deadly as the plane crashed into a hillside near a village.

"The 773rd SQ personnel are always ready to deploy just as the crew we honor here today were," said the event's guest speaker from Youngstown, Ohio, Lt. Col. Richard Galante, 773rd SQ commander. "Twenty-five years ago our country was dealing with the Iran Hostage Crisis and the situation of this region of the world was very tense as it is today. They did not hesitate. They did not shirk their responsibilities. They served their country well and made the ultimate sacrifice."

The ceremony began with the singing of the American and Turkish



Photos By Airman 1st Class Bradley Lail

Lt. Col. Richard Galante, 773rd Squadron commander, looks out over the area where a C-130 Hercules crashed March 14, 1980. A memorial was held Monday to remember the lives lost that day.

National Anthems and included remarks from Lt. Col. Janon Ellis, 728th Air Mobility Squadron commander, and Col. Michael Gardiner, 39th ABW commander. Colonel Galante and members of the base Honor Guard laid a wreath at the memorial site, which is front of the 728th AMS building, and other members of Team Incirlik laid single red roses – one for each person killed in the crash – at the foot of the memorial. An invocation and benediction was performed by Chaplain (Lt. Col.) Richard Spearman, 39th ABW senior chaplain and the ceremony was concluded with a 21-gun salute as well as the playing of Taps by father/son buglers, Nyle Christensen, Incirlik High School band director, and Capt. Brandon Christensen, 39th Medical Group Family Advocacy officer.

"We honor them for their service and dedication," said Colonel Galante. "That is why we assemble here today."



Aytac Tok, member of the Kuyumcular village where the plane crashed, talks about what has happened since the crash.

Remembering the lost

Those who died in the C-130 crash March 14, 1980

Crew:

Lt. Col. Benjamin Barnette
Maj. Michael Jones
Capt. Richard Wagner
Staff Sgt. Patrick Cypher
Sgt. George Moreau

Passengers:

Navy Petty Officer 2nd Class Daniel Hartke
Army Sgt. John Saunders
Army Private 1st Class Keith Dowdell
Army Spec. 4th Class Carl Carr
Master Sgt. James Webster
Staff Sgt. Jimmy Ashburn
Senior Airman Mark Hunstadt
Airman 1st Class Hans Hasenberg
Karen Lancaster
Paul Johnson
Joseph Johnson

Manpower office wins USAFE award

By Senior Airman Jessica Switzer
39th Air Base Wing Public Affairs

U.S. Air Forces in Europe announced two team Incirlik members won 2004 Manpower and Organization awards Feb. 28.

Martha Valdez, and Tech. Sgt. Warren Singleton, 39th Mission Support Squadron management analysts, were recognized for outstanding contributions in transforming the command organizationally and resolving manpower funding issues, according to a USAFE news article.

"I was delighted to hear my name announced by USAFE as the winner of the 2004 Manpower and Organization Award for Professional Excellent, Intermediate Civilian at Wing Level," said Mrs. Valdez. "Due to change in our Manpower Chiefs, it brought new challenges and learning experiences for the year. It is great to have a supervisor who trusts in his employees, and to have been submitted for such an esteemed award.

"It is a great honor to have won this award, and to know that all the hard work I perform has culminated in me being selected as

USAFE's representative for the Air Force level competition," she said.

Sergeant Singleton worked hard to earn his award for NCO at the Wing level. He managed eight office and five global command control systems and reduced inefficiencies until the offices were 100 percent compliant with standards. Last year he worked with squadron commanders and 16th Air Force to work out a way to help the more than 200,000 Army Soldiers who transitioned Incirlik last year, according to his awards package.

Mrs. Valdez did not rest on her laurels either, the recent 39th Air Base Wing annual award winner managed over 507 authorizations and ensured the proper use of \$24.6 million in Air Force manpower resources and reviewed and extended an overhire position that provided continuous Combat Proud and Customer College success, according to the package submitted to USAFE.

The former chief of Incirlik's Manpower office, Senior Master Sgt. Donald Dufner, also received an award in the senior NCO category.

These winners at USAFE level will compete at Air Force level.

This week in Air Force history

March 18th: 1971 – The Air Force selected its first female aircraft maintenance officer.

1960 – The first Snark intercontinental missile was placed on alert at Presque Isle Air Force Base, Maine.

March 19th: 1943 – Lt. Gen. H. H. Arnold was promoted to four-star rank, a first for Army Air Forces.

March 20th: 1970 – The first communications satellite for the North Atlantic Treaty Organization was launched from the Air Force Eastern Test Range.

1967 – The nine major U.S. Air Forces in Europe air bases in France were released to the U.S. Military Liquidation Section for further action. By the end of March, USAFE had completed the relocation of about 33,000 personnel and family members and moved more than 85,000 tons of materiel. (*Courtesy Air Force News*)



Singing for supper

Peter Hansen, contractor with Vinnell, Brown and Root, competes in the Incirlik Idol contest March 10 at the club complex.

The contestants left in the competition after the March 10 round are: Mr Hansen; Airman 1st Class Del Mario Watts, 39th Communications Squadron telephone switching systems; Tech. Sgt. Jimmy Lee Mull, 39th Operations Squadron air traffic controller; Kenneth Rosenquest, Incirlik family member; Senior Airman Robyn Williams, 39th Medical Squadron health services manager; Tech. Sgt. Herbert Johnson, 39th MDS NCO in charge of diagnostic imaging; Tech. Sgt. Walter Womack, 39th Communications Squadron, assistant NCO in charge of cable systems; Nora Simmons, 39th Contracting Squadron purchasing agent and Nathaniel Smith, 39th Communications Squadron audio visual technician.

The second round in the competition was Thursday and the final competition is March 31. Rounds and eliminations start at 6 p.m. and are in the club. For more information call 6-6101.

Air Force officials project budget shortfall

By Master Sgt. David Byron
Air Force Print News

WASHINGTON — Supporting the war on terrorism and ongoing operations around the world have created a projected budget shortfall forcing the Air Force to tighten its belt.

Air Force Chief of Staff Gen. John P. Jumper has directed all major commands to cut back on low priority spending in an attempt to stave off a budget crisis.

“We expect to be \$733 million short in military personnel funding,” General Jumper said in a message to major command commanders. “And based on our current burn rates, we project a \$3 billion shortfall in our (operations and maintenance) funds by the end of the year.”

The unexpected debt can be largely attributed to war-on-terrorism expenses, officials said.

The fiscal 2005 supplemental funding bill is currently working its way through Congress.

“We’re faced with some uncertainty because congressional action still lies ahead and may not be completed until April,” the general said. “We will have to realign some funding to ensure all commands are solvent while we await the supplemental bill’s enactment.”

Although it will affect modernization efforts, funds will be reprogrammed as a partial solution. The general identified the top two funding priorities.

“We must continue to support requirements of the global war on terrorism and ongoing operations in the theater,” General Jumper said. “We must also protect efforts supporting the next rotation to those operations.”

While readiness and combat training, including flying hours, will remain a high priority, the general has directed slowing those activities if it is clearly necessary to meet the top two priorities.

Some areas will be hit harder.

“Facilities, business operations, travel, administrative functions, nondeployment-related training and new contracts rank as lower priorities,” he said. “These areas should be slowed significantly through the end of the fiscal year.”

Air Force and MAJCOM leaders are currently building detailed plans to keep the O&M account solvent through Sept. 30 using available funding, and most MAJCOMs have already begun changing their spending priorities.

Air Force Space Command officials delayed some key programs, and limited contract awards, facility projects, travel expenses, equipment purchases and supply requirements not directly tied to the ongoing war effort, officials said.

Despite the cuts, AFSPC officials have said they remain committed to focusing their remaining funds on maintaining space superiority, providing desired combat effects to the joint warfighter, and maintaining strategic deterrence.

Air Mobility Command officials also cut back on travel, supply and equipment purchases that don’t affect current combat operations, officials said. They have also limited facility projects to emergency work only and slowed planned technology upgrades.

Mobility flying operations, required depot maintenance and all war-related activities will not be affected, AMC officials said.

Air Force Reserve Command and the Air National Guard will not immediately be affected. Their appropriation funding bill is separate from the active-duty system.

“We will do all we can to find more funding,” General Jumper said. “But, we have to cover the military personnel bill and ongoing war effort first.

“I’m asking that all Airmen give this their personal attention and carefully consider whether each dollar spent is spent wisely.”



Photo by Airman 1st Class Bradley Lail

Feeding time

Aydin Sekeroz, caregiver at the Incirlik stray animal facility, feeds stray cats at the facility.

The Incirlik Stray Animal Facility coordinates with Project Pets Are Worth Saving. PAWS is looking for volunteers to assist with the adoption process at the ISAF. The new ISAF is staffed with contract personnel so volunteers will only be responsible for the adoption process. For more information call Master Sgt. Roberta Williams at 6-1019.

Health officials recommend changes to fitness program

By Tech. Sgt. David A. Jablonski
Air Force Print News

WASHINGTON — Air Force health officials recommended seven changes to the fitness program during the program's first annual review.

This first annual assessment consists of reviews by three panels: functional, external and leadership, said Lt. Col. Sherry Sasser, chief of health promotions for the Air Force surgeon general. Air Force officials conducted the functional review while experts from outside agencies and universities gave their opinion in an external review.

The leadership review will begin in late April. Commanders and senior enlisted leaders will be randomly selected via e-mail to take a Web-based survey. The survey data will be compiled and forwarded to Air Force Chief of Staff Gen. John P. Jumper.

One consistent aspect of the program, however, is that Airmen worldwide are embracing fitness as a way of life.

"We are seeing a change in the culture of the Air Force," Colonel Sasser said. "Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."

In the interest of fostering the positive trend, officials said they are considering the following changes to better the program.

- ♦ Award full points on the body composition component of the test if the body mass index is within a healthy range. The Air Force

is adding height and weight back into the standard to accommodate Airmen unable to obtain the minimum abdominal circumference but are still at a normal weight for their height. National Institutes of Health officials define an index of less than 25 as a normal or healthy weight.

- ♦ Move the waist-circumference measurement to a controlled area for people rated poor or marginal and are being retested to reduce inconsistencies.

- ♦ Lengthen run times for tests conducted at higher elevations.

- ♦ Retest Airmen who are rated "marginal" at 90 days instead of 180 days.

- ♦ Promote nutrition as an important aspect of education and intervention.

- ♦ Emphasize regular physical training rather than test results.

- ♦ Reinforce commanders' accountability.

A proposed change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10 was rejected. The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and pushups.

Two smaller changes will be made to the assessment criteria. Values for females aged 50 to 54 were not consistent with all other age categories, so officials will adjust the criteria according to American College of Sports Medicine standards. A category was also added for people older than 60.

The program changes are expected to be implemented in June, officials said.

IN THE NEWS

Honor society induction

The Annual National Honor Society and National Junior Honor Society induction is 7 p.m. March 29, in the multipurpose room. For more information, call the high school at 6-6330.

Scholarships

Continuing education scholarships are available for family members working on associate or bachelor degrees. Applications are available at the education office. There are also scholarships available for graduating high school seniors. Applications are available at the guidance counselor's office. All applications are due April 1. For more information, call Christine Baker at 6-5723.

Artists needed

The 39th Air Base Wing is looking for artists to design an original art lithograph for Incirlik's upcoming 50th Anniversary. For more information or to volunteer, call the 39th ABW Historian at 6-9667 or e-mail 39abw.ho@incirlik.af.mil.

TDY volunteers needed

The Air Force Personnel Center is looking for support officer volunteers for extended length TDYs. The career fields needed are: 32E, 32E4E, 36P3, 34M4, 35P and 35P4. For more information, call 1st Lt. Nancy Morin at 6-6499.

Bake off

The Incirlik 2005 National Women's History Month committee will host a healthy bake-off at the Fitness Fair March 24 at the Base Exchange. Men and women 18 years of age and older are urged to bake a healthy dessert for members of the local boy and girl scout troop to judge. First, second and third place prizes will be awarded at the conclusion of the fair at 1 p.m. All entries must be submitted to the bake-off table at the BX no later than 11:30 a.m. Fair Attendees can sample the entries after the judging.

Dress and appearance

Lance Armstrong "Live Strong" bracelets are not authorized for wear in uniform.



The Air Force Assistance Fund campaign runs until April 15.

The fund supports the Air Force Enlisted Village Indigent Widows' Fund, the General and Mrs. Curtis E. LeMay Foundation, the Air Force Village Indigent Widow's Fund and the Air Force Aid Society. To donate to the AFAF contact your unit representative or call 1st Lt. Nancy Morin at 6-6499.

New Year, New You, Part III

Fads, faux pas plague *Tip of the Sword* “resolutioners”

By 1st Lt. S.J.B. Bryant

39th Air Base Wing Public Affairs

Editor's note: The following article is part three in a monthly series on what some people are doing to keep their New Year's resolutions.

March is the month of anything green to include cabbage and cash, which are two things that have caused set-backs for the *Tip of the Sword* “resolutioners.” However, these eight troops have overcome and adapted to those challenges and more on their way to good health, financial freedom and a college education.

Aesop noted in his fable, *The Hare and the Tortoise*, that “slow and steady wins the race.” New Years resolution makers should not think that they can be millionaires or college graduates overnight nor should they adopt the belief that they could adhere to a fad diet and lose 20 pounds in a month and keep it off.

First of all fad diets are not slow and steady but quick and sporadic, according to fitness experts. The first record of fad diets was when William the Conqueror wanted to shed a couple of inches in 1087 using a strictly liquid diet. The first widely publicized diet was in 1830 when Reverend Sylvester Graham, recommended a bland diet without spices, meats or stimulants to cure gluttony and immorality among his parishioners. Both diets forced people to adapt unhealthy eating habits to lose weight quickly and unhealthy. Between now and then there have been hundreds of diets to claim weight loss success but none have stacked up to the old fashioned advise of doctors and weight-loss gurus – eat less, exercise more.

Gone are the days when plumper bodies were fashionable and seen as a symbol of success. Businessmen no longer join the Fat Men's Club of the 1800s nor do “thin girls” write tearful letters to the Ladies' Home Journal for weight gain advice. There are a lot of things that have added in the appeal to be “thin.” Corsets faded into the wardrobe and a “naturally slender” figure was adopted. The world wars were among Americans and overeating was downright unpatriotic because it meant taking the food out of a soldier's mouth.

If they are anything the “Cuttin' Up” team members — Senior Master Sgt. Donald Byars, MO chief; Master Sgt. Robert Rochester, MO superintendent; Staff Sgt. Trish Keen and Martha Valdez, MO analysts; and Staff Sgt. Anndee Williams, PERSCO member — are patriotic and as such, there will be no fad diets used in this group as they strive to lose unwanted pounds during the Health and Wellness Center's “Big Loser” program. Just because they didn't go on the Cabbage Soup diet in celebration of St. Patrick's Day does not mean they have not had setbacks this month.

“Being TDY back home in the South with fried chicken, catfish, fries and cheeseburgers and living in a hotel with no gym nearby has really set me back a couple of pounds,” said Sergeant Byars. “But I'm not giving up; I know I just have to exercise more to counter the unhealthy things I did while I was away. But I will not know how

unhealthy I really was until I step on that scale at home.”

“I understand what he means,” said Sergeant Keen, who went on leave during the month. “When I am off at work, I like to be off of everything so I ran less and didn't watch everything I ate like a hawk. But not going to work out makes me feel really guilty, so I tend to push harder when I do get back into it.”

“It is not that hard to get back into a healthy lifestyle if you stray from it now and then,” said Sergeant Keen. “If you have a friend or co-worker to workout with, it keeps you from having setbacks, so I always try to meet up with someone. I am still on track for my over all goals. I think last month I surpassed what I thought I could do, so hopefully I can do just as well this month even with my little set back.”

Just as it is alright to have a setback in physical fitness regimes, it is certainly acceptable to have setbacks in attaining financial goals.

The Greenwoods — 2nd Lt. Rebecca Greenwood, 39th Communications Squadron, aerospace communications and information expertise lieutenant, and husband, Staff Sgt. Jared Greenwood, 39th Logistics Readiness Squadron vehicle maintenance quality assurance evaluator — had what might have been a catastrophic financial setback and it was not even their doing.

“Finance made a mistake to my pay which set us back a little,” said Lieutenant Greenwood. “But it didn't affect us because we had already planned for it. By applying one of the first lessons of the Financial Peace University [save an emergency fund] the

setback did not affect us and we are still on track.”

In all, the emergency fund the Greenwoods saved kept them from using credit cards, or worse — bounce checks, to keep them afloat until their pay issue was resolved. Lieutenant Greenwood said budgeting might have taken a few hours extra work but it was time well spent in the long run and now they are about 15 percent complete on reaching their goals.

Balancing acts are what college students do best since they must juggle time constraints, workload and tuition issues usually while holding down a full-time job.

Senior Airman Jason Procaccino, 39th Security Forces Squadron pass and registration clerk, has had to handle all of the above while participating in the base surety inspection.

“Well, it has been difficult being that we just finished doing a great job on this year's surety inspection,” he said during one of his rare lunch breaks. “But participating in that inspection has meant my study time has been limited due to the work schedule.

So it means I must work that much harder to reach my goal. Therefore, I took on my set-back head on, adapted, overcame and pressed on.”

In all three situations, the “resolutioners” have proved that a good attitude, a commitment to hard work and perseverance regardless of challenges is what has gotten them over some hard hurdles.

“It is not that hard to get back into a healthy lifestyle if you stray from it now and then. If you have a friend or co-worker to workout with, it keeps you from having setbacks.”

— Staff Sgt. Trish Keen
39th Air Base Wing Manpower Office



Ask MEHMET

By Mehmet Birbiri, *Host Nation Adviser*

Marble matters

Question: Mehmet, I have noticed the marble in Turkey is some of the most beautiful I have ever seen and incredibly inexpensive compared to the prices in the United States. But there are so many colors and types to choose from. Could you tell me more about Turkey's marble?

Response: Turkey is the second largest marble producer in Europe after Italy.

Turkey mines marble in Afyon, Eskisehir, Balikesir, Bursa, Osmaniye, and some more regions. The most famous area for marble is Afyon region. The Marmara Island in the Marmara Sea is also one of the main marble centers. In fact the word *mermer*, means marble in Turkish, is coming from the word of marmara.

Mining Marble has been done for thousands of years in Turkey. The type, color and quality of the marble depend on the area and the depth it is mined. Turkish marbles come in black, white, grey, brown, pink and even green. Of course it is not a solid color but a variation of those colors. The base is mainly white and other colors mixed with white. The most precious marble is the pure white.

Due to its plentifulness, marble is cheaper than wood in Turkey. Marble is one of the leading export items for Turkey.

Naturally, marble craftsmanship is also very high in Turkey. You will see master craftsmanship in mosques throughout the country. Every single mosque in Turkey has beautiful marble work. It took two full years for the master marble craftsman to just choose the best marble to be used in the Sabanci Mosque in Adana. He visited all marble mines in Turkey for that purpose.

Osmaniye, 50 miles east of Adana, is another marble mining center. The green solid marble block that weighs 38 tons on Ataturk's tomb at the Ataturk Mausoleum in Ankara was mined in Osmaniye.

Question: Mehmet, I bought a slab of marble for a table and it got water stains on



File Photo

it. Is there any way to remove them? A friend of mine told me to rub the stained areas with salt and lemon. I tried, but it did not work. How do I keep the marble looking nice?

Response: I have talked to one of the major marble shops in Adana. Unfortunately, if marble gets a stain, it is almost impossible to remove it. Because marble absorbs any liquid it touches and keeps that color as well. Normally, they said, pure water doesn't cause a stain, but the items in the water, such as lime, dust, etc. cause the stains. To avoid that kind of stain immediately wipe the marble off with a clean rag.

Using salt and lemon, as your friend advised, will not do any good. Worse than that, lemon is acidic and it might damage the marble more. Also keep all chemicals away from marble.

To keep marble looking nice, it can be polished at marble shops or at home.

Incirlik sounds

Question: Mehmet I've heard *Incirlik* pronounced in many ways. What is the correct way?

Response: There are people who have been here for many years and still mispronounce *Incirlik*. The "c" is pronounced like the letter "j" in Turkish so the correct pronunciation should sound something like *In-jeer-lick*.

The Turkish language is phonetic. Therefore every letter, vowel and consonant is pronounced the same way every time.

The pronunciation of a letter does not

The craftsman who worked on the Sabanci Mosque on Adana took two years to visit all the marble mines in Turkey and choose just the right marble. Every mosque in Turkey has a great deal of marble work

change regardless of where it is placed in the word, beginning, middle or end. The Turkish alphabet has 29 letters, 21 consonants and eight vowels.

In Turkish

mermer - marble
(mehr - mehri)

maden - mine
(mah - then)

leke - stain
(leh - keh)

tuz - salt
(touz)

limon - lemon
(lee - moan)

renk - color
(rank)

cila - polish
(gee - lah)

Do you have a question about something Turkish? Ask Mehmet. To submit a question, call 6-6060 or e-mail mehmet.birbiri@incirlik.af.mil.

March Madness arrives early at 'The Lik'

By Tech. Sgt. Robert Burgess
39th Air Base Wing Public Affairs

March Madness began early for "The Lik" as the over 30 and regular intramural base basketball championship teams were crowned Monday and Tuesday night.

In Monday night's first game, AMS/OS extended their chances at becoming the regular season championships Monday night with their full court press in the second half against SFS, 60-49.

In the over-30 league game, LRS Curtis Palmer's 10-foot jump shot and one for one from the free throw line with 18.6 seconds ended AMS/OS chances of sending the championship to Tuesday night, 49-46. LRS Jonathan Brown poured in 20 points and blocked four shots to lead LRS to the title.

If AMS/OS had won in overtime two of their players, Kevin Knox and Dwayne Adams would have been playing for both championships. AMS/OS coach for both teams, Kevin Leek said it was still a great performance.

Errant passes and turnovers on both sides kept the over-30 championship first half close, LRS 19-18. The game was never out of reach for both teams as they traded baskets all night. With 6:43 remaining AMS/OS took a three point 44-41 lead and tied the game, 46-46 with 1:08 left. AMS/OS had two three-point attempts with 12.6 and 4.7 seconds left to send the game into overtime. LRS used the patented Dean Smith four corner offense to force AMS/OS to foul in the closing moments to seal the victory.

Regular Season Intramural Base Championship

In an earlier match during the tournament SFS sent AMS/OS to the loser's bracket, 60-53. Both teams played the last five minutes knowing the game would be won on a last second shot.

In the championship game, a technical foul from the bench for unwarranted comments toward the officials was the demise for SFS late in the game.

AMS/OS full-court press late in the first half caused three turnovers to tie the game at 26 all. With seven seconds left AMS/OS L.V. Miller punctuated the half with a two-handed slam dunk. Leek said, "It would have been impossible for the operations squadron to field a team because of shift workers. If we didn't combine with AMS and rely on the players draft we couldn't have fielded a team."

William Jones, 39th Mission Support Squadron was drafted by AMS/OS and provided most of the offensive spark in the early going. On the defensive end he kept pressure on SFS high scoring power forward Jerry Moore.

AMS/OS only shot 33 percent from the field and went on a dry

spell at the 14:32 mark and didn't score again until six minutes later. SFS controlled the tempo during the first half and shot 45 percent from the field to keep the game close despite turnovers.

After Derek Houpt weaved his way through AMS/OS full court press for a lay up on the first possession of the second half, AMS/OS stepped up the press and caused four turnovers and three steals to go up 10 points, 43-33 with 10 minutes remaining.

Moore for the most part struggled on the inside against AMS/OS Marcus "The Mailman" Baucom. Having been called for two fouls for charging and missing several shots Moore went 5-6 from the field to narrow the gap to five points, 49-44.

With 4:56 left SFS guard Cornelius Bostic hit a three pointer to pull SFS within two points, 49-47. L.V. Miller on the next play fled through the entire SFS defense for a lay up to give his team a four point lead 51-49. SFS Andre Muckelroy made back-to-back baskets and Moore added two points for SFS first lead of the game 53-51.

SFS fans let their players and AMS/OS fans know who was on top by resembling the "March Madness" type of atmosphere at "The Lik" (the basketball court). As the pandemonium settled the Mailman, delivered a three pointer to silence the SFS crowd, 54-53.

Moore kept the madness going with a 12-foot jumper to put SFS up by one 55-54. Just as the SFS cheers subsided, Jones hit a 12-foot jumper with 41 seconds left on the clock to tilt the favor back to AMS/OS 56-55.

With all the fans now on their feet and less than 30 seconds left in the house Muckelroy got called for a charging foul as the Mailman held his ground underneath the basket.

On the inbound play as AMS/OS was taking the ball up the court SFS bench got charged with a technical foul. Adams added two of his 23 points from the foul line on the technical for a 58-55 lead. SFS fouled the Mailman on the inbound pass and he put the game away from the foul line, 59-55.

AMS/OS and SFS arrived at the end of the game with the ability to win the base championship. For AMS/OS it was a matter of being set to take the charge. Out of the 10 charge calls AMS/OS forwards were set six times before SFS made their move to the basket.

Both teams were about even on field goals attempted and made in the second half, shooting 39 percent and 41 percent respectively. It was more pressure from the AMS/OS full court press at the right time that gave them the edge, said SFS coach Curtis Wynn.

March Madness continues as college fans across the base will have the opportunity to catch the tournament on AFN. For those who don't have time to watch the entire tournament — starting March 27 at 11:30 p.m. the elite eight will be broadcasted on three stations: Atlantic, Korea and Sports.



Combat Care is a U.S. Air Forces in Europe program designed to improve the care, attention and information flow to spouses and families and create a sense of community among those coping with deployments.

The family support center is looking for volunteers to form a deployed spouse network. For more information or to volunteer, contact Master Sgt. Alicinne Peebles, family support center readiness NCO in charge, at 6-6755.

THE INCIRLIK GUIDE

High school happenings

The high school's Parent Teacher Student Club sponsors a **flea market** to benefit the high school tomorrow from 9 a.m. to 1 p.m. in the high school multi-purpose room. The flea market is open to the Incirlik community. People who would like to sell items may rent a table for \$10. For more information, call Senior Master Sgt. John Herkel at 6-6439, Sueann Herkel at 6-6441 or their home number at 6-5921.

The Incirlik American High School student yearbook staff has a **bake sale** during the flea market tomorrow. All proceeds go to defraying yearbook publishing costs. For more information call Leslie Revis at 6-6330.

The IAHS junior class has a **car wash** 10 a.m. to 6 p.m. Saturday in the school parking lot. For more information call Mrs. Revis at 6-6330.

Varsity softball

Men's and women's softball teams meet Saturdays at 1 p.m. in Softball Field #1, across from Arkadas Park. For more information, call Tech. Sgt. Jeff Thomas at 6-3567.

Girl Scouts

A Girl Scout Open House is Tuesday, 6 to 8 p.m. at Building 999. Girls ages 5 to 17 years can register to be a Girl Scout. For more information, call April Rogers at 6-1555, 6-6321, 6-5748 or e-mail april.rogers@incirlik.af.mil.

Card tournament

A Texas Hold'em tournament is 4 p.m. tomorrow at the club complex. Cost to participate is \$10 for club members and \$15 for non-members. For more information, call Staff Sgt. Eric Heideman at 6-3170.

Focus group

Outdoor recreation is holding a focus group March 30, in the club's officer's lounge, to determine what goods and services the Incirlik community wants. For times or more information, call Services Marketing at 6-8411.

WARRIOR OF THE WEEK



Tech. Sgt. Gloria Witcher
39th Mission Support Squadron
NCO in charge of employment and retraining

Time in service: 16 years

Hometown: Montgomery, Ala.

Time on station: 20 months

Hobbies: Spending time with my children, exercising, eating and shopping

Why did you join the Air Force?

It was a family tradition and they seemed to enjoy it and take great pride in serving their country. I thought it offered a lot of opportunities that I may not find elsewhere. I was unsure of what I wanted

to do with my life and I thought it would be great to serve, travel and learn about different cultures while figuring it out.
What do you like the most about Incirlik?
It's a short tour but I can be here with my family and we have the opportunity to experience a different culture together. Also, 20 years from now we can sit around and talk about the things we did and the friends we've met over here.

How do you contribute to the 39th Air Base Wing's mission?

My job is "personnel" so I work alongside many other hard working personnel warriors in the military personnel flight that serve the mission by assisting the base populace with all personnel actions that affect their careers or families.

What is your favorite motto?

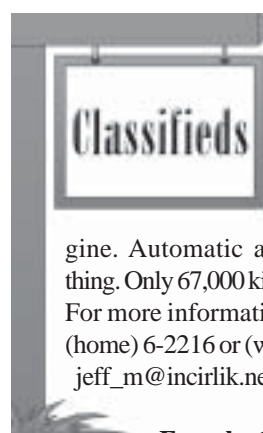
"Attitude is everything"

What Air Force core value best describes you?

Integrity first

Supervisor's quote:

"She is an outstanding NCO," Said Maj. Susan Airola-Skully, 39th Mission Support Squadron commander. "She puts her heart and soul into everything she does on-and off-duty."



For sale: 1993 Nissan Skyline GTST25, Japanese specifications, two-door, automatic transmission, 2.5-liter single turbo engine. Automatic air and power everything. Only 67,000 kilometers; \$4,500 OBO. For more information, call Jeff Martin at (home) 6-2216 or (work) 6-6014, or e-mail jeff_m@incirlik.net.

For sale: 1992 Toyota Vista, four door, air conditioner, white, clean \$1,950 OBO. For more information, call 6-2307.

For sale: 1990 Toyota Corolla, Japanese specs, four-door automatic. \$1,400 OBO. For more information call Joe Conley at 6-2253.

For sale: Three piece light wood entertainment center. Holds 39 inch television. Each side has glass doors with lights on the inside. Plenty of storage below in each piece. It is the perfect size for a family. Asking \$600 OBO. Call Andrea or Branden Stogner at 6-5400.

Positions available: Vinnel, Root and Brown lists their open positions at www.vbr-turkey.com. For more information call 6-9129.

Volunteers needed: The chapel needs volunteers to assist with light office duties including answering phones, preparing bulletins and aiding chaplains. No experience required, training provided for each task. For more information, call Jen Smith at 6-6441.

Volunteers needed: Volunteers are needed to help plan Women's History Month activities. For more information call the Military Equal Opportunity Office at 6-6210.



This is the solution for the crossword puzzle published in the Feb. 4 edition of the *Tip of the Sword*. Crossword puzzles are published in the first *Tip of the Sword* edition of every month. For more information, call 6-6060 or e-mail the *Tip of the Sword* staff at tip.sword@incirlik.af.mil.

COMBAT, SPECIAL INTEREST PROGRAM

Combat Education

Embry-Riddle Aeronautical University offers classes for Term IV registration. PHYS201 and MGMT427 are currently available. For more information, call ERAU at 6-1098.

Registration for Central Texas College classes ends March 25. The college offers a course in criminal investigation and a police system and practice course beginning March 28 and running through May 20. For more information, call CTC at -8399.

Term IV registration for University of Maryland University College is underway. Classes are being offered in a variety of subjects to include Life in the Oceans, Human Resource Management, Elementary Turkish, Principles of Economics Introductory Algebra and Software/Hardware concepts to name a few. For more information, call the UMUC representative at 6-6367.

There will be an Education Fair May 11 at the club with deans and representatives from several colleges and universities. Refreshments will be served. For more information, call the education office at 6-3211.

Combat Touch

Officers' Christian Fellowship meets Thursdays at 7 p.m. in the Low Places Lounge at the club. All officers and their spouses are invited to this fellowship. For more information, call 2nd Lt. James Bridghamat at 6-1168.

Catholic Sunday School is cancelled this weekend. Palm Sunday Mass is Sunday at 9:30 a.m. Saint Paul of Tarsus **Reconciliation Service** Monday at 5 p.m. in the, dinner will follow. The **Holy Thursday Mass** is March 24 at 5:30 p.m. A **Good Friday Service** is March 25 at 5:30 p.m. There will be an **Easter Vigil** March 26 at 7 p.m. instead of an Easter Sunday Mass, reception to follow. All services are held in the chapel sanctuary. For more information, call Patty Heidlage at 6-3890.



Photo by Airman Dawn Duman

Round about

Gabrielle Shipman (front) and Makayla Thorton, do-si-do during Tuesday night dance class. Dance classes are held for boys and girls Tuesdays or Thursdays depending on age. For 3-5 year olds choose Tuesday or Thursday, 6 to 7 p.m.; for 6-9 year olds the class is Thursday, 7-8 p.m.; and for 10 years old and older the class is Tuesday, 7-8 p.m. All classes are held in the Youth Center teen room so call the center at 6-6670 for more information.



AT THE OASIS

Today

7 p.m. – Are We There Yet? (PG)– Starring Ice Cube and Nia Long. Nick, a



smooth operator, is trying to land a date with Suzanne. Problem is Suzanne is miserable because she misses her kids. Seizing the opportunity, Nick gallantly offers to make her wish come true - and his own in the process. (82 min)

9:15 p.m. – The Life Aquatic With Steve Zissou (R) – Starring Bill Murray and Owen Wilson. Internationally famous oceanographer Steve Zissou and his crew set sail on an expedition to hunt down the mysterious, elusive, possibly non-existent Jaguar Shark. (118 min)

Saturday

5 p.m. – Are We There Yet? (PG) – Starring Ice Cube and Nia Long. (82 minutes)

7:30 p.m. – Spanglish (PG-13) – Starring Adam Sandler and Téa Leoni. When the beautiful native Mexican woman Flor, the mother of a 12-year-old girl, becomes the

housekeeper for an affluent Los Angeles family, cultures collide. (97 minutes)

Sunday

7 p.m. – Spanglish (PG-13) – Starring Adam Sandler and Téa Leoni. (97 minutes)

Thursday

7 p.m. – Meet the Fockers (PG-13) Starring Robert De Niro and Ben Stiller. Now that Greg Focker is "in" with his soon-to-be in-laws, the Byrnes, it looks like smooth sailing for him and his fiancée, Pam. But the hyper-relaxed Fockers and the tightly-wound Byrnes are woefully mismatched from the start. (98 minutes)

AT THE M1

Closer (R) — 11:45 a.m., 2 p.m., 4:15 p.m., 7 p.m., 9:15 p.m., and 11:30 p.m. (104 minutes)

Constantine (R) — 11:30 a.m., 2 p.m., 4:30 p.m., 7 p.m., 9:30 p.m. and 11:30 p.m. (112 minutes)

Movie listings are subject to changes. On-base listings are courtesy of the Army and Air Force Exchange Service Web site at <http://www.aafes.com/ems/euro/incirlik.htm>; M-1 listings are courtesy of the Tempe Cinemaxx Web site at www.tepecinemaxx.com.tr. For more Oasis information and updates, call the movie recording at 6-6986 or the theater office at 6-9140.